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|  | **Course Syllabus** |

**1.** **Course Title:**

History of physical culture and sports

**2. Academic Level:**

Bachelor level

**3. ECTS Credits:**

3 ECTS

**4. Semester:**

1, autumn semester

**5. School/Department:**

Academy of physical culture and sports

**6. Location:**

5 Zorge St., Rostov-on-Don

**7. Instructor:**

Ass. Prof. Marina Belavkina, email: mvbelavkina@sfedu.ru

**8. Language of Instruction:**

English

**9. Course Description:**

The history of physical culture and sports covers the period from antiquity to the present. The process of formation of the theory of physical education and sports is shown.

**10. Course Aims:**

The issues of the formation and development of physical culture and sports at different stages of history are studied

**11. Specific entry requirements (if any):**

**12. Course Content:**

Theories of the origin of sport;

The biography of famous representatives of world sports;

History of sports;

History of the Olympic games.

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**13. Intended Learning Outcomes:**

Skills of application of historical knowledge in the analysis of the current state of physical culture and sports and the formation of independent and informed judgments about their possible development.

**14. Learning and Teaching Methods:**

lecture, seminar, tutorial, project supervision, demonstration, practical classes and workshops

**15. Methods of Assessment/Final assessment information:**

Tests, essays

All tests trainings include test and open questions. Right response for each test question will be estimate as 1. Essay max 10 points

**16. Reading List:**

Thomas С. E. Sport in a Philosophie Context. Philadelphia, 1983.

Armour К., Jones R., Kerry D. Sport sociology 2000 // Sociology of sport online. Issue 1, 1998. http://physed.otago.ac.nz/sosol/home.html

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