



Course Syllabus

1. Course Title:

Methods of Active Social-psychological Training

2. Academic Level:

Master

3. ECTS Credits:

5 ECTS

4. Semester:

1, autumn semester

5. School/Department:

Academy of Psychology and Pedagogy

6. Location:

13 M. Nagibina St., Rostov-on-Don; 116 Dneprovsky St., Rostov-on-Don

7. Instructor:

Assoc. Prof. Anna Sheveleva, e-mail: amsheveleva@sfedu.ru

8. Language of Instruction: English

English

9. Course Description:

Lecture and practical classes, individual project design.

10. Course Aims:

To study psychological counseling and the use of methods of active socio-psychological training in order to provide conditions for the development of communication skills, increase the effectiveness of interaction between participants in the educational process in the conditions of educational institutions and the social sphere.

11. Specific entry requirements (if any):

All applicants must demonstrate basic knowledge of the English language to be able to follow the curriculum during the lectures and collaborate with a teacher during practical training.

12. Course Content:

Module 1. Theoretical and methodological bases of methods of active social and psychological training
Module 2. Preparation and application of methods of active socio-psychological training

13. Intended Learning Outcomes:

The process of learning is aimed at forming the elements of the following competences: the ability to use modern communication technologies for academic and professional interaction; the ability to analyze and take into account the diversity of cultures in the process of intercultural interaction.

14. Learning and Teaching Methods:

Lectures, practical training, students independent studies. Among the technologies implemented on the lessons are context learning technology, design learning technology, training and discussion technology, project technology.

15. Methods of Assessment/Final assessment information:

Students achievements are assessed with the help of pass-fail test and rating system. The final grade including the results of Scoring Formative and Scoring Interim assessment allows to get the following grades: "excellent" - 85-100 points; "good" - 71-84 points; "satisfactory" - 60-70 points. If a student gets less than 60 points, the course is not mastered.

16. Reading List:

Basic:

1. Vorontsov, D.V. Socio-psychological methods of influence on the individual and the group [Text]: textbook. Part 2: Organizational bases of work with the group as a tool of socio-psychological influence / Vorontsov D. V.; Ministry of Education and Science of the Russian Federation, Federal State Autonomous Educational Institution of Higher Professional Education "Southern Federal University", [Department of Social Psychology] - Rostov-on-Don, 2011. - 34 p.
2. Shkurko, T.A. Educational and methodological complex of the academic discipline "Fundamentals of social and psychological training" in the specialty (030300) psychology (bachelor's degree) [Text] / T. A. Shkurko, D. V. Pogontseva; Ministry of Education and Science of the Russian Federation, Federal State Autonomous Educational Institution of Higher Professional Education "Southern Federal University", Faculty of Psychology, [Department of Social Psychology] - Rostov-on-Don, 2011. - 48 p.
3. Pogontseva, D.V. Educational and methodological manual on practical classes in the academic discipline "Fundamentals of social and psychological training" in the specialty (030300) psychology (bachelor's degree) [Text] / D. V. Pogontseva; Ministry of Education and Science of the Russian Federation, Federal State Autonomous Educational Institution of Higher Professional Education "Southern Federal University", Faculty of Psychology, Department of Social Psychology-Rostov-on-Don, 2011. - 46 p.
4. Management: cases, trainings, business games [Text]: practicum: a textbook for university students of various levels of training and students of federal programs studying in the direction of "Management" / [V. A. Aleshin et al.] - Moscow: Dashkov & Co., 2013. - 282 p.

Additional:

1. Games-training, training, leisure: in 4 books. Books 1-4: Books.1. Games for intensive training; Book.2. Games for active recreation; Book.3. Communicative-linguistic games; Book.4. Psychotechnical games / Edited by V. V. Petrusinsky-M.: New School, 1994. - 368 p.
2. Games-training, training, leisure. Book 5: Pedagogical games / ed. by V. V. Petrusinsky-Moscow: Enrof, 1994. - 136 p. Rudestam, Kjell Erik. Group psychotherapy: Per. s engl. / Gl. ed. V. Usmanov-2nd ed. - St. Petersburg: Peter, 2000. - 384 p.
3. Yalom, I. Group psychotherapy: Theory and practice: Trans. from English / General ed. by S. Rimsky-M.: April Press: EKSMO-Press, 2001. - 576 p.
4. Yalom, I. Theory and practice of group psychotherapy: Trans. from English-5th international ed. - St. Petersburg: Peter, 2000. - 640 p.
5. Excacusto, T.V. Group psychocorrection [Text]: trainings and roles, games for personal and professional development : [12+] / T. V. Exakusto, O. N. Istratova-Rostov-on-Don: Phoenix, 2014. - 254, [1] p.
6. Pakhalyan, V.E. Group psychological training [Text]: a textbook for university students studying in the direction and specialties of psychology / V. E. Pakhalyan-St. Petersburg [et al.]: Peter, 2006. - 224 p.
7. Fundamentals of socio-psychological training / author-comp. M. A. Vasilenko-Rostov-on-Don: Publishing House "Phoenix", 2014. - 128 p. [Electronic resource biblioclub: <http://biblioclub.ru/index.php?page=book&id=256452>]