

Education:

Candidate of Biological Sciences in 1993 with a degree in biochemistry. The theme of the dissertation : " The proteolytic processes in the rat brain under stress and the adaptive effect of the delta sleep- inducing peptide " (protection took place in Rostov State University) .

Doctor of Biological Sciences since 2007 , specialty : 14.00.53 - gerontology and geriatrics. Thesis topic: " Age features of peptides effect on the body's adaptation to extreme influences ," thesis defended at the St. Petersburg Institute of Bio-regulation and Gerontology .

In 2011 awarded the academic title of professor in the specialty 14.01.30 - gerontology and geriatrics .

Professional experience:

Since 1989 working in the Southern Federal University , first at the Institute of Neurocybernetics (from engineer to senior researcher) , then since 1998 at the Faculty of Physical Culture and Sports. Total length of science and; educational activities is 27 years.

Pedagogical activity successfully combines with the administrative operation of the Deputy Director for Science of the Academy of Physical Culture and Sports .

Scientific activity:

The author of over 250 scientific and educational works (including 6 monographs) .

Under the direction of A. Lysenko protected 5 candidate dissertations.

Research supported by grants from the Ministry of Education (for basic research in the natural sciences) and State scientific grant of the Russian Academy of Sciences Presidium.

Lysenko A. is the supervisor of the Student Scientific Society.

Vice - president of the Russian Academy of Sciences Gerontological Society.

Member of the Physiological Society named I.Pavlov at the Russian Academy of Sciences.

A member of the editorial board of the journal "Advances in gerontology " .

A member of the Dissertation council D 999.027.02 based on " Southern Federal University " and " North- Caucasian Federal University "

Awards :

2010 - Diploma of the Russian Federation Ministry of Education and Science " For merits in the scientific and educational activities , a great contribution to training highly qualified specialists ."

2014 - Letter of thanks of the Rostov region Ministry of Physical Culture and Sports.