

## **Резюме**

**Pravdina Lida Romualdovna**, was born in 1960 in Moscow.

Associate Professor of Management Psychology and Legal Psychology of the Academy of Psychology and Pedagogy, Southern Federal University.

**Education:** 1) Rostov State University in 1983, specialty - biologist, teacher of biology and chemistry; 2) Rostov State Pedagogical University, faculty of retraining 1991, specialty - a practical psychologist; 3) Candidate's thesis on the psychology of -16 April 2004 on the specialty 19005 - Social Psychology

**Training:** In the period 1995 - 2000 the year Pravdina LR received certificates of the program: "Family therapy", "Conflict", "Practical Psychology in Education", "Basics of crisis intervention"

From 2001 to 2005 - Pravdina LR received certificates of the program "Assessment of motivation and loyalty of staff", "Internet technology and project activity", "Stress Management", "The potential of the body", "Corporate values as a basis for effective motivation"; "Corporate culture and in-house PR».

From 2005 to 2010 - Pravdina LR received certificates for training programs: "Increasing language proficiency (level 3)"; "Integrated Security" program "Body-oriented approach: from the Reich to Mindell"; "The development of professional and management skills"; "Actual problems of modernization of higher education in Russia."

1. 2011 - short-term certificate of training number 31515 on the program "Psycho-pedagogical foundations and minimum androgogics" SEI CA "Professional", Moscow;
2. 2012 - Certificate in 2070 / w FGAOU PPRO AIC and "Development of professionalism of practical psychologists. Basics of supervision. " 72 hours Moscow;
3. 2013 - Certificate program "Body-oriented consulting" Imaton Institute of Applied Psychology, St. Petersburg;
4. 2013 - certificate number 002,256 on professional development program "Project management in an innovative educational environment." FPK and PP teacher education SFU Academy;
5. 2015 - certificate number 08- A / 53 training program "Phototherapy. The use of photography in psychological counseling and psychotherapy "; Institute of Applied Psychology Imaton, St. Petersburg;

**Activity.** Pravdina L.R. runs a program of additional education for body-oriented psychology at the Academy of Psychology and Pedagogy of the Southern Federal University.

She actively cooperates with specialists of the psychological work of the Southern Military District, as well as with experts society of psychologists and specialists of law enforcement agencies of the Southern branch of the Center of Emergency Psychological Service of the Ministry of Emergency Situations of the Russian Federation.

She conducts program on sports psychology, pedagogy and androgogics in the "All-Russian course climbing trainers" project. She held master classes in body-oriented psychology, health psychology, psychology of management in various forums.

Pravdina L.R. conducts training courses on the author's program "Body-oriented approaches in psychology", "Occupational Health Psychology", "Psychology of extreme professional activity."

**Professional skills:** teaching, lectures, trainings, seminars, workshops, organizing and conducting on team projects; organization and carrying out further education courses; conducting sports training, the organization of sport climbing team, the organization and judging of regional events (competitions and sport climbing festivals); writing articles in scientific journals.

**Foreign languages** - English at Pre-Intermediate

**For more information**, - the master of sports of rock climbing, rock climbing instructor registry Russian instructors, Judge 1 category of Sports, a multiple winner and winner of national and international competitions on climbing among the Russian Federation of mountaineering and rock-climbing veterans from 2010 - 2016.

**Hobbies** - climbing, skiing, photography